

## Pathway 4: When the person is dying

Recognising when someone is dying is not always clear. Things may change very quickly, but they might also change slowly and subtly. If you believe that the person you care for is going to die very soon, you might feel helpless and unsure of what you can do for them. You may also be feeling a lot of grief and fear about what is going to happen. Things may change very quickly, but they might also change slowly and subtly.

### Video Information

Dr Mark Boughey provides a short overview on the dying process and how to offer comfort. Regina Kendall describes caring approaches at the end of life.

<https://www.carerhelp.com.au/tabid/5614/Default.aspx>

### Key Resources

The resources available below are relevant to this pathway.

CALL 000 for emergency services and urgent assistance. Lifeline 131114 for provides 24-hour crisis support.

### Caring for the Dying Person

This factsheet provides practical advice on managing a range of issues in the last days of life.

<https://www.carerhelp.com.au/Portals/16/Documents/Carersheet/Caring%20for%20the%20Dying%20Person.pdf>

### What to do in an emergency

Unexpected things happen. Having an emergency plan means you have options you have already thought about.

<https://www.carerhelp.com.au/Portals/16/Documents/Carersheet/What%20to%20do%20in%20an%20emergency.pdf>

### Checklist: what to do when someone dies

The Australian Government has put together a list of all the necessary processes when someone close to you passes away.

<https://www.humanservices.gov.au/individuals/subjects/what-do-following-death>

### Planning a funeral

This checklist includes all the things you may need to think about in planning a funeral.

<http://afda.org.au/>

**CarerHelp is here when you need it.**

**[www.carerhelp.com.au](http://www.carerhelp.com.au)**

