

Medication template and handling medicines



Patient's name _____

Name of medicine and strength (for example, mg)	Dosage (for example, number of tablets or puffs)	When to take dose (for example, morning, evening, or 'as required')	How to take dose (for example, by mouth on empty stomach)	Reason for taking it (for example, to treat nausea)

Regular doctor's name _____

Phone number _____

Regular pharmacy's name _____

Phone number _____

Handling medications

- Always check the label on the medicine box to make sure that you are giving the right medicine at the right time to the right person.
 - Store medicine as instructed on the label.
 - Not all medicines are given by mouth so check the instructions.
 - Consider using a pill box to keep track of the medicines to be taking each day at different times. Speak to your pharmacist to show you how to use a pill box.
 - If medicines are no longer needed, give unused medicines to the pharmacist.
 - If there is only a small amount of medicine left in the box, speak to your doctor to get another prescription. Have enough to cover you over weekends and public holidays.
- If the person is having trouble swallowing, check with the pharmacist if it is okay to crush the medicine.
 - Let the health worker or pharmacist know about any bush medicines that the person is using.
 - Always speak to your health worker or pharmacist if you have any concerns, questions or notice any side effects related to medicines.



Here for You (May 2022) by
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