

Medication Template & Handling Medicines



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Patient's name:

Name of medicine and strength (for example, mg)	Dosage (for example, number of tablets or puffs)	When to take dose (for example, morning, evening, or 'as required')	How to take dose (for example, by mouth on empty stomach)	Reason for taking it (for example, to treat nausea)

Regular doctor's name:

Doctor's phone number:

Name of regular pharmacy:

Pharmacy's phone number:

Handling Medications

- Always check the label on the medicine box to make sure that you are giving the right medicine at the right time to the right person.
- Store medicine as instructed on the label.
- Not all medicines are given by mouth so check the instructions.
- Consider using a pill box to keep track of the medicines to be taken each day at different times. Speak to your pharmacist to show you how to use a pill box.
- If medicines are no longer needed, give unused medicines to the pharmacist.
- If there is only a small amount of medicine left in the box, speak to your doctor to get another prescription.
- If the person is having trouble swallowing, check with the pharmacist if it is okay to crush the medicine.

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