

What can you find in CarerHelp?

As a carer, you may find yourself dealing with a variety of tasks. At carerhelp.com.au you can find information about:

- Common symptoms
- Using injections and syringe drivers
- Recognising dying
- What to do in an emergency
- Communicating with family and the health care team
- Finding support services
- Self-care
- Coping with grief and getting support

CarerHelp is here when you need it.
www.carerhelp.com.au

